

Native plants that are a source of nectar, fruit and seeds for native birds

Maori Name	Botanical Name	Nectar Source	Fruit and Seed Source
Hangehange	<i>Geniostoma ligustrifolium</i>		Mar - Apr
Harakeke	<i>Phormium tenax</i>	Nov - Jan	
Houpara	<i>Pseudopanax lessonii</i>		May - Jul
Kahikatea	<i>Dacrycarpus dacrydioides</i>		Mar - Apr
Karaka	<i>Corynocarpus laevigatus</i>		Feb - Apr
Karamu	<i>Coprosma lucida</i>		Jan - May
Karamu	<i>Coprosma robusta</i>		Jan - May
karo	<i>Pittosporum crassifolium</i>	Sep - Dec	May - Jun
Kawakawa	<i>Macropiper excelsum</i>		Jan - Feb
Kohekohe	<i>Dysoxylum spectabile</i>		May - Aug
Kotukutuku	<i>Fuchsia excorticata</i>	Sep - Nov	Jan - Feb
Kowhai	<i>Sophora species</i>	Aug - Oct	
Mahoe	<i>Melictyus ramiflorus</i>		Feb - Apr
Maire	<i>Nestegis species</i>		Mar - Jun
Makomako	<i>Aristolelia serrata</i>		Jan - Mar
Mapou	<i>Myrsine australis</i>		Feb - Apr
Miro	<i>Prumnopitys ferruginea</i>		Mar - Jun
Nikau	<i>Rhopalostylis sapida</i>		Jan - Dec
Pate	<i>Schefflera digitata</i>		Mar - Apr
Pigeonwood	<i>Hedycarya arborea</i>		Jan - Apr
Pohutukawa	<i>Metrosideros excelsa</i>	Dec - Jan	Mar - May
Puriri	<i>Vitex lucens</i>	Jan - Dec	Jan - Dec
Putaputaweta	<i>Carpodetus serratus</i>		Mar - May
Rewarewa	<i>Knightsia excelsa</i>	Oct - Dec	
Rimu	<i>Dacrydium cupressinum</i>		Apr - Jun
Taraire	<i>Beilschmiedia taraire</i>		Apr - May
Taupata	<i>Coprosma repens</i>		Jan - Mar
Tawa	<i>Beilschmiedia tawa</i>		Apr - Jun
Ti kouka	<i>Cordyline australis</i>		Feb - Apr
Titoki	<i>Alectryon excelsus</i>		Oct - Dec
Totara	<i>Podocarpus totara</i>		Mar - Apr
Wharariki	<i>Phormium cookianum</i>	Nov - Jan	
Whauwhaupaku	<i>Pseudopanax arboreus</i>	Jul - Sep	Mar - May